

A Heart for Sarah

By Mick McCabe



This is the start of a 'woodart' type heart in walnut, no real purpose to it apart from looking nice for my partner Sarah ... who says romance is dead eh! It will be scooped out a bit on the lathe then cut to shape and the sides shaped and sanded to nice finish.



This is all that's involved on the lathe, hollowed out the Middle of the blank and finished it to 400 grit.



The blank was then bandsawed out to the heart shape, this is one of them types of shape where a fraction here or there makes it look right or wrong.



The edges were sanded on disc sander where possible but ended up mainly in the vice held with padding and filed and sanded by hand making sure to keep it nice and square.



Once shaped and down to 320 grit I started to sand wet with linseed oil, really brings the walnut to life. I went through the grits 400, 600, 800, then Scotchbright.



What a difference a bit of finish makes, lovely bit of colour on the walnut now and the edges with the end grain really dark. The linseed oil seems a nice semi sheen and has filled in much of the grain and pores in the wood, it can also be re sanded again with oil at a later date if it gets marked.

Here is the finished heart with other heart shaped things that have been made. The walnut heart is about six inches from top to bottom. The others are a Yew box above the heart, A rounded 3D type elm burr heart and some stained glass hearts that hang in a window.



Thanks Mick